



DON'T  
FORGET!

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**Your LivingWell Promise is due by July 1, 2017.  
Complete a biometric screening or Go365 Health  
Assessment.**

### **Biometric screening**

- Screenings are offered at no cost to you at a number of convenient locations. [Find locations here.](#)
- Take your (HumanaVitality/Go365) ID card, or obtain your Go365 ID online or on the Go365 App.
- Fast for at least eight hours prior to your appointment.
- Keep your screening results for immediate proof of completion.

### **Health assessment**

Visit [www.LivingWell.ky.gov](http://www.LivingWell.ky.gov) and sign in to Go365 to get started.

### **Rewards**

Earn up to 4,000 Go365 Points. Receive even more by completing the online health assessment.

*If you have completed your LivingWell Promise, please disregard this message.*

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**Please do not reply to this email.**

For questions about your Go365 ID, call 855.478.1623.

For all other wellness benefits, visit [LivingWell.ky.gov](http://LivingWell.ky.gov), email [KEHP](#), or call 888.581.8834.

Text "Go" to 239355 to get wellness news and important program updates.

**KENTUCKY  
PERSONNEL  
CABINET**



Questions?  
[Contact Us](#)